

## **SELF TAPING INSTRUCTIONS:**

Please follow these instructions if you have been invited to self tape. Please note that self taping is a last resort. We would much prefer to see you in the audition room if at all possible. If your self tape has not been specifically requested by the casting office, your tape will not be downloaded.

Your tape is due by your audition appointment day and time.

Tapes are to be sent to [taping@freihofercasting.com](mailto:taping@freihofercasting.com) via a file transfer service like Wetransfer or Hightail. We will NOT accept dropbox or video links like Youtube or vimeo.

All audition scenes and slates must be sent in ONE FILE. Do not separate scenes and slates, etc.

Accepted files: mov, mp4, m4v

**All files must be UNDER 200MB in length. We will not convert and compress your file for you.**

Emails should have subject heading: TITLE OF PROJECT – ACTOR NAME – ROLE  
File names need to be: Title\_FirstLastName\_Role\_Agency

Please include agent contact info in the body of the email.

### **TAPING:**

All videos need to be filmed HORIZONTALLY.

We will NOT accept vertical phone videos. Period.

BEGIN the tape with video, NOT of a black screen or any titles. NO titles, please.

The first thing we need to see is your face in the scene.

Videos should be shot as a 2-button (mid-chest to top of head). Please, no head space on the top of the screen.

Please keep all light sources in front of you.

If not shooting at a professional studio, please make sure your reader is an actor, and is not standing directly next to the camera (if you are not using an external microphone). Put the camera closer to you than the reader.

Slate at the END. It can be an added take in the same file, but slate at the end.

NAME, HEIGHT, LOCATION

Then give us a full body shot, front and side.

Thanks and good luck.